

**NOVEMBER 2024**

Palm Bay Schools

Cheeseburgers 31g

French Fries 22g

Baked Beans 29g

Coleslaw 7.5g

Tossed Salad 2g

Assorted Fruit

Choice of Milk

**National Sandwhich Day!**

Grilled Cheese 31.79g

Tomato 14g **OR**

Chicken Noodle Soup 12.21g

Romaine Salad 2g

Carrots 1g

Apples 8g

Choice of Milk

Beefy Nacho's 19.28g

Lettuce/Tomatoes 2.58g

Sour Cream 1g

Salsa 4.05g

Black Bean Salad 21g

Oranges 11g

Choice of Milk

Beef Stroganoff W/ Noodles 56g

Tossed Salad 2g

Broccoli 5g

WG Roll 14g

Assorted Fruit

Choice of Milk

Chicken Sandwhich 38g

Baked Beans 39g

Potato Salad 22g

Lettuce/Tomato 2g

Peaches 7.5g

Choice of Milk

Cheesy Breadsticks 17g

Marinara Sauce

Romaine Salad 2g

Green Beans 4g

Blueberries 9g

Choice of Milk

Veteran's Day-

No School

Chicken Nuggets 10g

Seasoned Rice 51g

Broccoli 5g

Romaine Salad 2g

Corn 17g

Apple Slices 8g

Choice of Milk

Walking Taco’s 20.36g

Lettuce/Tomatoes 2.58g

Refried Beans 25g

Salsa 4.05g

Sour Cream 1g

Oranges 11g

Choice of Milk

Thanksgiving Lunch

Thanksgiving Lunch

Cheese Pizza 31.42g

Corn on the Cob 17g

Romaine Salad 2g

Carrots 1g

Pears 16g

Choice of Milk

Taco Soup 26g

Cornbread 25g

Black Beans 31g

Tossed Salad 2g

Cucumber/Tomato Salad

Apples 8g

Choice of Milk

Italian Spaghetti 34.42g

Garlic Bread 13g

Romaine Salad 2g

Green Beans 4g

Carrots 1g

Strawberries

Choice of Milk

Chicken Tenders 14g

Seasoned Rice 51g

Broccoli 5g

Tossed Salad 2g

Cabbage 16.5g

Assorted Fruit

Choice of Milk

Sausage Dogs 34g

Baked Beans 29g

French Fries 22g

Coleslaw 7.5g

Romaine Salad 2g

Apple Slices 8g

Choice of Milk

Thanksgiving Break-

No School

Due to supply chain, we may offer substitutions.

Uncrustables PB&J, Yogurt, Chips, String cheese and fruit offered daily.

Salad Bar offered daily.

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No School

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