

**OCTOBER 2024**

Palm Bay Schools

Muffins 27-29g

Cheese Stick

Assorted Fruit

100% Juice

Choice of Milk

Yogurt 10g

Granola 20g

Blueberries 9g

100% Juice

Choice of Milk

Pancakes 42g

Bananas 19g

100% Juice

Choice of Milk

Scrambled Eggs 2g

Cheese Grits 5.6g

Mixed Fruit

100% Juice

Choice of Milk

Bacon & Cheese Biscuit 32g

Oranges 11g

100% Juice

Choice of Milk

Pancake on a Stick 16g

Pears 16g

100% Juice

Choice of Milk

Columbus Day-

No School

Waffles 35-37g

Blueberries 9g

100% Juice

Choice of Milk

Cinnamon Pull Apart 40g

Assorted Fruit

100% Juice

Choice of Milk

**National Pasta Day!**

Sausage & Cheese Biscuit 32g

Apples 8g

100% Juice

Choice of Milk

French Toast Sticks 26g

100% Juice

Pears 16g

Choice of Milk

Muffins 27-29g

Cheese Stick

Applesauce

100% Juice

Choice of Milk

Pancake on a Stick 16g

Pears 16g

100% Juice

Choice of Milk

Manager’s Choice

Egg & Cheese Biscuit 33g

Oranges 11g

100% Juice

Choice of Milk

PLC Day-

No School

Biscuits

Sausage Gravy

Peaches 7.5g

100% Juice

Choice of Milk

Egg & Cheese Biscuit 33g

Oranges 11g

100% Juice

Choice of Milk

Due to supply chain, we may offer substitutions.

WG Cereal will be offered Daily

Manager’s Choice

Breakfast Burrito 32g

Peaches 7.5g

100% Juice

Choice of Milk

Scrambled Eggs 2g

Cheese Grits 5.6g

Mixed Fruit

100% Juice

Choice of Milk

Pancakes 42g

Oranges 11g

100% Juice

Choice of Milk

French Toast Sticks 26g

100% Juice

Apples 8g

Choice of Milk