

SEPTEMBER 2025

Palm Bay Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day- No School	Turkey BLT 26g Ranch Pasta Salad 23.82g Romaine Salad Carrots Applesauce Choice of Milk	Sweet Chili Chicken Wings 26 Curly Fries 20g Celery & Carrots Romaine Salad Oranges Choice of Milk	Manager's Choice	Cheeseburgers 33g Baked Beans 25g Potato Salad 17.9g Lettuce/ Sliced Tomato Assorted Fruit Choice of Milk
Pepperoni Pizza 30.96g Corn on the Cob 17g Romaine Salad Cucumber & Tomato Salad Mixed Berries Choice of Milk	Cheesy Chicken Rice Bowl 519 Black Beans 31g Lettuce/ Diced Tomatoes Sour Cream Oranges Choice of Milk	Country Fried Steak 7.36g Mashed Potatoes 23g WG Dinner Roll Broccoli 5g Romaine Salad Mixed Fruit Choice of Milk	Meatball Subs 31g Oven Roasted Potatoes 16g Green Beans 4g Romaine Salad Apples Choice of Milk	Chicken Sandwhich 38g Reduced Fat Chips Baked Beans 25g Lettuce/ Sliced Tomato Assorted Fruit Choice of Milk
Salad Shakers 29g Garlic Breadstick 14g Pesto Pasta Salad 46g Carrots Craisins Choice of Milk	Beef Empanadas 20g Re-Fried Beans 17g Shredded Lettuce Diced Tomatoes Mango Fruit Salsa 14g Choice of Milk	Spaghetti W/ Meatballs 26g Garlic Knots 27g Green Beans 4g Romaine Salad Mixed Fruit Choice of Milk	Chicken Nuggets 10g Macaroni and Cheese 27.44g Glazed Carrots 31g Romaine Salad Peaches Choice of Milk	Italian Subs 30.68g Potato Salad 17.9g Baked Beans 25g Lettuce/Sliced Tomatoes Assorted Fruit Choice of Milk
Taco Queso Bowl 85g Black Beans 31g Lettuce/Diced Tomato Sour Cream Oranges Choice of Milk	Manager's Choice	Baked Ziti 33g Garlic Knots 27g Broccoli 5g Romaine Salad Apples Choice of Milk	Popcorn Chicken Mashed Potato Bowl 63.9g Wg Dinner Roll Corn Romaine Salad Pears Choice of Milk	PLC Day- No School
Pepperoni Pizza 30.98g Romaine Salad Roasted Broccoli 5g Cucumber & Tomato Salad Mixed Fruit Choice of Milk	Cheesy Chicken Quesadillas Spanish Rice 13.69g Black Beans 31g Shredded Lettuce/Diced Tomatoes Oranges Choice of Milk			