

**OCTOBER 2025**

Palm Bay Schools

Sausage Biscuit 14g

Banana

100% Juice

Choice of Milk

Cinnamon Rolls 36g

Blueberries

100% Juice

Choice of Milk

Blueberry Bagels 42g

Assorted Cream Cheese

Apples

100% Juice

Choice of Milk

Pancake & Sausage

Sandwich 16g

Pears

100% Juice

Choice of Milk

Honey Buns 34g

Applesauce 14g

100% Juice

Choice of Milk

No School

Columbus Day-

No School

Sausage 1g

Hash-browns 21g

Apples 8g

100% Juice

Choice of Milk

Apple Fritter 36g

Oranges 11g

100% Juice

Choice of Milk

Hash brown Casserole 30.16g

Peaches

100% Juice

Choice of Milk

Chicken Biscuit 34g

Assorted Fruit

100% Juice

Choice of Milk

Waffles 35-37g

Mixed Fruit

100% Juice

Choice of Milk

Cinnamon Rolls 36g

Cranberry Crisp

100% Juice

Choice of Milk

Doughnuts 41g

Applesauce

100% Juice

Choice of Milk

Berry Parfait 44g

Craisins

100% Juice

Choice of Milk

Bacon & Cheese Biscuit 28g

Assorted Fruit

100% Juice

Choice of Milk

Muffins 34-37g

Pears

100% Juice

Choice of Milk

Baked French Toast 22.83g

Mixed Fruit

100% Juice

Choice of Milk

Due to Supply chain, we may offer substitutions.

WG Cereal or Cereal Bar will be offered daily.

Pork Sausage is not used in our recipes only turkey.

Turkey Sausage & Cheese Omelet 3g

Raisins  
100% Juice

Choice of Milk

PLC Day-

No School

Honey Buns 34g

Applesauce 14g

100% Juice

Choice of Milk

Pancake on a Stick 16g

Pineapples

100% Juice

Choice of Milk

Ham & Cheese Mummies 14g

Raisins

100% Juice

Choice of Milk